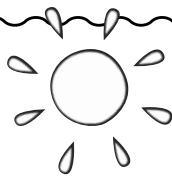




# Summer



# Reading Recipes

Turn a sweet treat into a cool character, and simple fruit into a frosty favourite!



## FROSTY FRUIT SMOOTHIES

### CHARACTER CONES

- 1 Put a scoop of ice-cream onto your cone.
- 2 Use hundreds and thousands, sprinkles or topping to create the basic colouring of your character's hair and skin.
- 3 Use lollies to add details such as the face. These might include silver balls, bananas, raspberries or any other edible objects.
- 4 Show your character to a friend or family member and see if they can guess who the character is!

- 1 Decide which characters you wish to base your smoothies around.
- 2 Think about what colours and flavours would suit your character and use this to select the fruits you will use. For example if you were doing Cinderella you might use strawberries and raspberries; or if you were doing a dragon you might use kiwi fruit.
- 3 Place your fruit in the freezer for 15 to 20 minutes.
- 4 Remove your fruit from the freezer and place in a blender (make sure you ask your parents first) with some yogurt.
- 5 Blend it all together and pour into a cup.
- 6 Add some extra pieces of fruit for decoration.
- 7 Give your smoothie a bizarre name such as Cinderella's Ballroom Smoothie or Dragon's Delicious Drink.
- 8 Share your smoothies with friends or family.